



July 2018—August 2019

Fresh Food for Kids

Item and Quantity per Case	# of Cases
Apples—100/case (18 kg)	
Bananas—90/case (18 kg)	
Cantaloupe—15/case	
Grapes 8 x 1 kg bag/case	
Honeydew 8/case	
Kiwi 92/case	
Oranges—88/case (15 kg)	
Broccoli 18/case	
Carrots (Mini) Multiples of 1 lb	
Carrots (Reg) Multiples of 2 lbs	
Cauliflower 12 heads/case	
Celery 30 / case	
Cucumber 12 / case	
Lettuce, Romaine (3 heads/pack) 12 Packs/case	
Onion (Yellow) Multiples of 3lbs	
Peppers (Colored) 30 /case	
Potatoes (red) Multiples of 10lbs	
Snap Peas (20/case)	
Spinach (6 packs/case)	
Hard Boiled Eggs (84/pail)	
Raw Eggs (Order by the dozen)	
Cheese (Marble) 4 or 8 800 gram blocks	
Yogurt (6 tubs / case) Include Flavour (default is Strawberry)	
2% White Milk (4L Jug)	
Lentils / Oatmeal (please state)	

Place your order
on Tuesday
for delivery the
following Monday!

Order Placed On:

Contact Person:

Phone #:

Email:

Delivery Date:

Site/School:

Address:

Fax #:

How to Place orders:

Email: bulkbuying@chep.org
Phone: 306-655-4575. Ext 227
Fax: 306-668-4574

**Contact KATIE if you
would like to know about
other produce is available
that is not listed.**

Fruit: Must be ordered by the full case.

Vegetables: Vegetables are ordered by the full or half case. These are the exceptions:
Onions (3lb bags)
Potatoes (10lb bags).
Mini Carrots (1lb bags)
Regular Carrots (2lb bags)
Spinach (full case)

Yogurt: If no flavor is listed, the default flavor is Strawberry.

Milk: We order 2% in 4L jugs. Chocolate milk is available but only for special events. Also 3% milk in 4L jugs is also available for Day cares

EGGS: You can now order raw eggs by the dozen or a pail of hard boiled eggs (approx. 84)

Colored Peppers: The size of the case varies through the year. Most of the time a full case is 8 or 10 sleeves. Sometimes it is 16 sleeves. If it is 16, then you will receive 8 sleeves for a full case.

Standing Order: This is useful if you do not change your order very much in the year, if at all. It is used every week unless you contact me to cancel it. This order is not set in "stone", you can make changes to it.

Eg/ If you don't need lettuce one week just contact me to cancel the item for that week.

If you want to make your order a standing order, just write standing order in the date section.

Back Up Order: This order is used in case you do not place your order in time. This happens often in the year, especially after a long weekend. It is only used if I have received no order from you.

If you do not want any produce you must contact me to cancel your back up order.

To make a back up order just type "Back Up" in the date section.