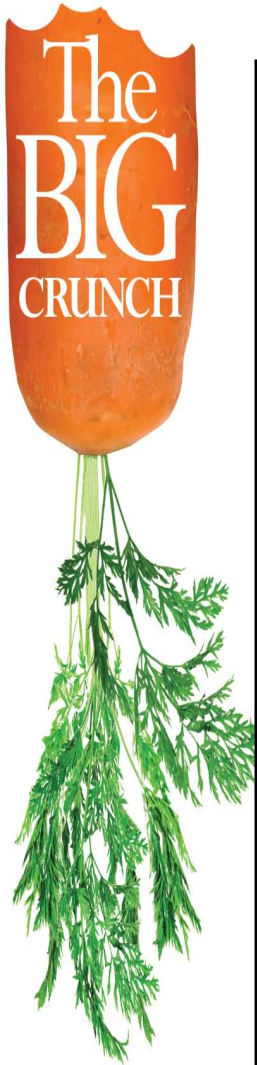





Take the Big Crunch




What: A week of carrot education in the classroom ending with a synchronized 'Big Crunch' classroom carrot 'Crunch'.


Why:  to promote healthy snacking;  to highlight availability of local carrots;  to use the carrot as point of departure for activities on nutrition, science, physical activity, food systems and more.


When: **The week of October 13th** We propose that your classroom take the Big Crunch on October 15, 2009 at 10:30 a.m. but when you register tell us when you'll take your **Big Crunch**.


Where: In classrooms and schools across Saskatoon.

Who: Students, teachers and individuals across the city interested in learning more about carrots and participating in a cross city salute to healthy and local eating.

How:  Register your class, school or community group by emailing or faxing in this registration form

 Download or develop classroom activities – activities will be made available for download

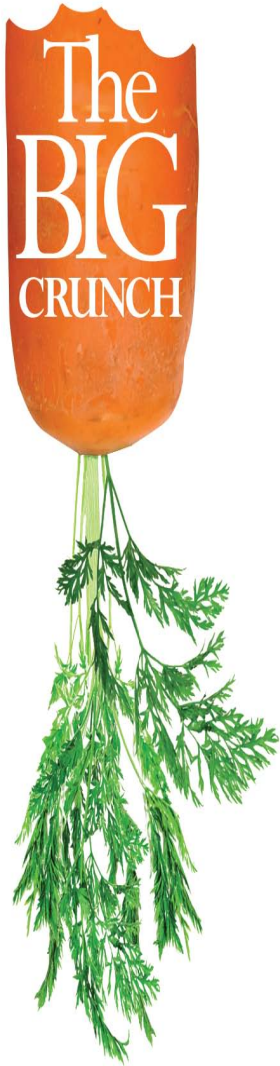
 Purchase carrots for the **Big Crunch** from CHEP, the farmers' market or your local store

 On Thursday October 15th run the **Big Crunch** in your classroom and enhance your students' understanding of the food system through the journey of a carrot from seed to table. Distribute the carrots to your students and on your count have the whole class take a **Big Crunch** at once!

Thousands of students, teachers, staff and parents will participate in a cross city synchronized carrot crunch. Make an even bigger bite by registering your class, school or community group. Register by email at thebigcrunch@chep.org or by faxing the form to **The Big Crunch** at (306) 655-5512.

For more details on the event including classroom resources, activity suggestions, visit www.chep.org Or phone CHEP at 655 – 4575

The Big Crunch - Registration



School Name: _____

School Address: _____

When will you be taking the Big Crunch?
Thursday October 15, 10:30 am _____ Other: _____

School Phone Number: _____

School fax number: _____

Teacher Name and Contact Information: _____

Grade Level (s): _____

Estimated Number of Participants: _____

I am interested in purchasing locally grown carrots from CHEP

I will make my own arrangements for carrots

Register by email at thebigcrunch@chep.org or by faxing this form to (306) 655-5512.

All registrations will be entered into a prize draw.